

## Level 6/7 Regional Championships

US Cellular Center, 87 Haywood Street, Asheville, AL 28801

### Friday April 22, 2016

<b>Session 1</b>	<b>Level 6</b>	<b>75 athletes</b>
	6/29/2004 and After	
Stretch		9:00-9:20 AM
March In		9:20-9:35 AM
Warm Up/Compete		9:35-12:20 PM
Awards		12:30 PM

<b>Session 2</b>	<b>Level 6</b>	<b>72 athletes</b>
	6/28/2004 and Before	
Stretch		12:45 - 1:05 PM
March In		1:05-1:40 PM
Warm Up/Compete		1:40 - 3:50 PM
Awards		4:00 PM

<b>Session 3</b>	<b>Level 6 State Teams (64 athletes)</b>	
	<b>All ages</b>	
Stretch		4:15 - 4:35 PM
March In		4:35 - 4:47 PM
Warm Up/Compete		4:47 - 8:00 PM
Awards		8:15 PM

### Sunday April 24, 2016

<b>Session 7</b>	<b>Level 7</b>	<b>75 athletes</b>
	2/6/2003 - 4/21/2004	
Stretch		8:00-8:20 AM
March In		8:20-8:35 AM
Warm Up/Compete		8:35-11:35 AM
Awards		11:45 AM

<b>Session 8</b>	<b>Level 7</b>	<b>74 athletes</b>
	2/5/2003 and Before	
Stretch		12:00:00 - 12:20PM
March In		12:20 - 12:35 PM
Warm Up/Compete		12:35 - 3:35 PM
Awards		3:45 PM

### Saturday April 23, 2016

<b>Session 4</b>	<b>Level 7</b>	<b>73 athletes</b>
	4/28/2005 and After	
Stretch		9:00-9:20 AM
March In		9:20-9:35 AM
Warm Up/Compete		9:35-12:30 PM
Awards		12:40 PM

<b>Session 5</b>	<b>Level 7 State Teams(64 athletes)</b>	
Stretch		12:45 - 1:05 PM
March In		1:05 - 1:17 PM
Warm Up/Compete		1:17 - 3:45 PM
Awards		3:55 PM

<b>Session 6</b>	<b>Level 7</b>	<b>72 athletes</b>
	4/22/2004 - 4/27/2005	
Stretch/Team Pictures		4:15 - 4:35 PM
March In		4:35 - 4:50 PM
Warm Up/Compete		4:50 - 7:35 PM
Awards		7:45 PM

Please be at competition site 30 minutes prior to set stretch time. If we are ahead of schedule we will begin early.